

HEALTH ADVISORY

MONKEYPOX



WHO has declared mpox outbreak a public health emergency of international concern.

Mode of Transmission:

Humans and Animals:

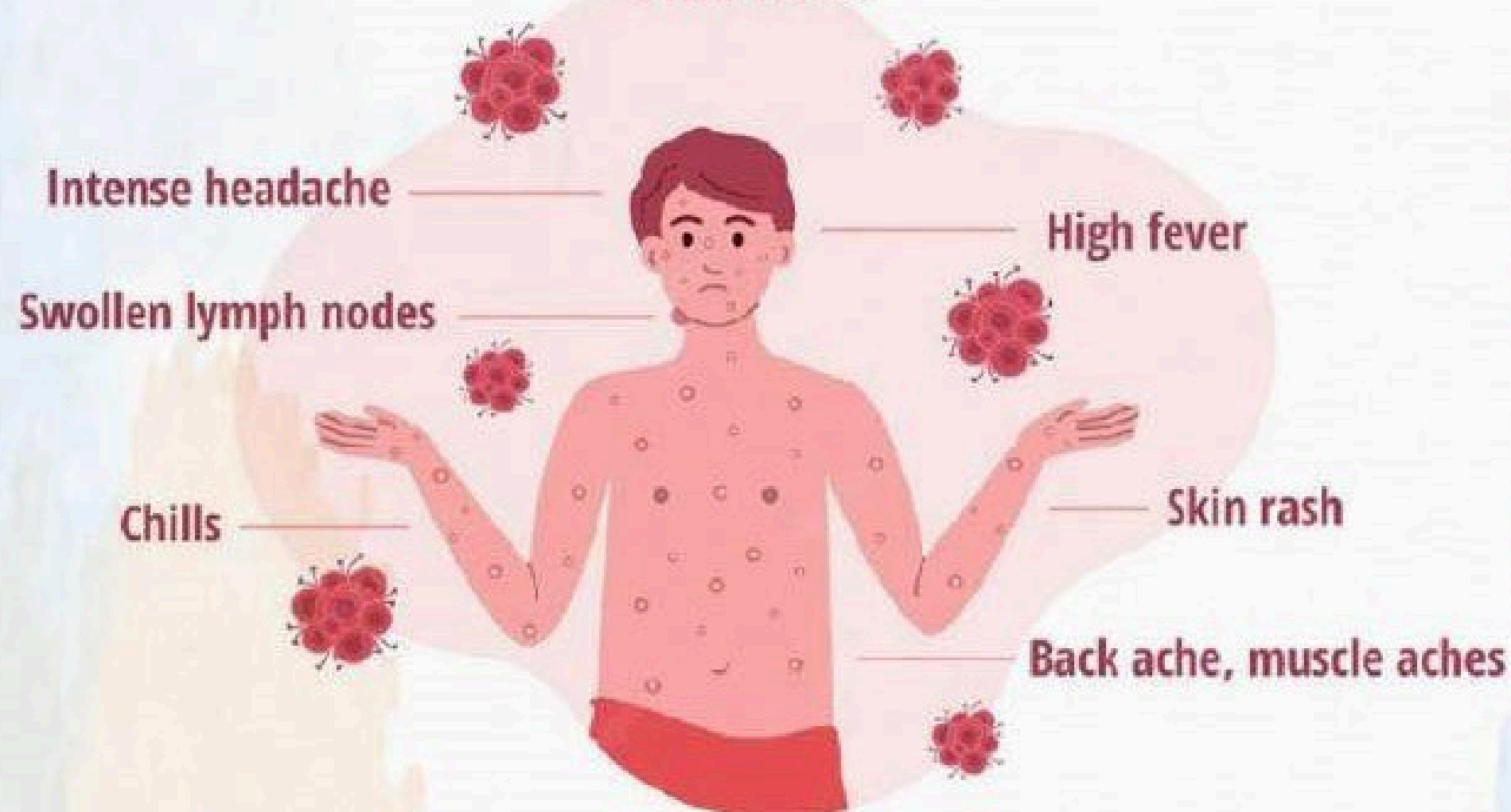
- Close contact through sores and body fluids
- Contact with contaminated materials
- Respiratory droplets

Animals:

- bite, scratch, consuming infected meat

Signs & Symptoms:

MONKEYPOX SYMPTOMS



VISUAL EXAMPLE OF MONKEYPOX RASH



Prevention:

- Avoid contact with animals that could harbor the virus (e.g., rodents and primates).
- Practice good hygiene, such as washing hands regularly with soap and water.
- Use personal protective equipment (PPE), and face masks if you are in close contact with an infected person or animal.
- Ensure safe handling and disposal of potentially contaminated materials.
- Ensure a healthy diet and plenty of fluids.
- Avoid places with overcrowding and maintain isolation if you have any symptoms.

For any symptoms, please consult your doctor or immediately report Health Centre, NIT Srinagar.